Type 1 diabetes is a chronic life threatening autoimmune disease in which a person’s pancreas produces little, to no insulin. It can occur at any age, but is usually diagnosed from INFANCY to the late thirties and lasts a LIFETIME.

KNOW THE FACTS: TYPE 1 DIABETES...

- Has **NOTHING** to do with diet or lifestyle
- Is **NOT** preventable
- Is **NOT** reversible
- Has **NO** cure
- Can occur at **ANY** age, **INCLUDING INFANTS**
- Requires insulin dependency **FOR LIFE**

KNOW THE SYMPTOMS, IT COULD SAVE A LIFE:

Type 1 Diabetes onset looks similar to a virus and can be mistaken as such. Ask your doctor to check for elevated blood glucose levels with a simple finger stick test or a urine dip stick if you or your child exhibit the below symptoms:

- Extreme thirst
- Frequent urination
- Weakness/fatigue
- Weight loss
- Increased appetite
- Sudden vision changes
- Fruity scent on breath
- Nausea/vomiting
- Heavy, labored breathing
- Drowsiness/unconsciousness

SEEK IMMEDIATE CARE if multiple symptoms occur, it could be Diabetic Ketoacidosis which can be fatal if not treated immediately.

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